



At Debevoise, we believe supporting individual well-being is essential to cultivating a collaborative environment in which all can thrive.

Debevoise & Plimpton LLP has been a signatory of the ABA Well-Being Pledge since 2020, and we continue to work alongside the ABA to develop and expand our wellness resources.

## Physical Health

### **Onsite Health Center – Operated by Mount Sinai**

Located on the 41st floor of our New York office, the firm's onsite Health Center, operated by Mount Sinai, provides a wide range of services to all New York partners and employees, including primary care, preventative care, physical therapy, annual physicals and vaccinations. Visits to the onsite center are available free of charge.

### **The Health Center at Hudson Yards**

For additional services and specialty care, Debevoise provides memberships for all New York partners and employees at The Health Center at Hudson Yards, the flagship concierge medical practice of Mount Sinai. Located just steps from our New York office, at 55 Hudson Yards, the health center's services include urgent and primary care, physical therapy, behavioral health, cardiology, gynecology, X-rays, nutrition counseling, dermatology and on-site lab work.

### **One Medical**

Debevoise provides One Medical memberships for all Washington D.C. and San Francisco partners and employees. Membership includes access to care in One Medical offices across the U.S. and virtual care from home. Services include on-demand 24/7 virtual care delivered for free, scheduled virtual or in-person care, prescriptions and lab services.

### **Health Club Membership Discounts**

The firm provides membership discounts to Equinox, Crunch and select local health clubs.

### **Firmwide Fitness Challenges**

During our global Fitness Challenges, participants can earn points by completing an activity that supports their physical or mental health and well-being.

## Mental Health

### **Virtual Access to Therapy and Psychiatry with Headspace Care**

Headspace Care is the firm's virtual mental health support app. All U.S.-based partners and employees have access to 12 free psychology or psychiatry video sessions per person per year as well as 24/7 behavioral health coaching, and self-guided resources. These services are also available to loved ones and dependents aged 13 and older.

### **24/7 Access to Counselors**

All partners and employees, as well as their loved ones across all offices have 24/7 phone access to masters-level counselors through our Employee Assistance Program.

### **Jon Krop's Mindfulness Library**

Unlimited access to Jon Krop's extensive video library of mindfulness sessions for legal professionals. Jon is a graduate of Brown University and Harvard Law School, and has studied mindfulness with teachers from around the world. In his videos, Jon walks through simple methods and meditations to relax, de-stress and focus with a emphasis on helping viewers become happier and more effective legal professionals.

### **Monthly Programming and Events**

Some highlights from this year include Lawyer Social Hours and programs such as "Understanding Depression" and "Getting the Help You Need."

---

## Financial Health

### **Financial Success Series**

We offer guest speakers and expert presentations on subjects including introduction to personal finances, student loan refinancing and more.

### **Student Loan Refinancing**

The firm has partnered with Citizens to provide student loan refinancing options for eligible employees.

### **Vanguard Monthly Seminars**

Topics include "Getting on Track for Retirement," "Financial Freedom" and "Principles of Investing."

### **Citi Private Banking**

Through the firm's relationship with Citi, eligible partners and employees have access to Citi's private banking resources and services.